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| **\April 2025 - Meal Calendar** |  | **April 2025 - Activity Calendar** |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
|  | 1**11:30a-12:30p Lunch**Balsamic Chicken, Tomato Parmesan Pasta, Italian Blend Vegetable, Orange**4:30-5:30p Dinner**BBQ Chicken, Fried Cabbage with Bacon, Beans Baked, Grapes | 2**11:30a-12:30p Lunch**Pork Roast, Baked Potato, Green Beans, Pear **4:30-5:30p Dinner**Beef Stroganoff, Asparagus, Italian Blend, Breadstick, and Apple**A blue sign with white text  AI-generated content may be incorrect.**Sorenson Lockwood | 3**11:30a-12:30p Lunch**Lasagna, Mixed Vegetables, Grapes**4:30-5:30p Dinner**Chicken Fettuccine, Sugar Snap Peas, Broccoli, Orange | 4**11:30a-12:30p Lunch**Pepper Steak, Brown Rice, Stir Fry Vegetable, Sugar Snap Peas, Kiwi |  |  | **1****9a Friends of a Feather Quilting Group**9a Zumba Gold A10a Zumba Gold B**11a April Fools Party**12:30p Euchre**2p Tai Chi with MSU-E** | **2**10a Silver Sneakers11a Blood Pressure Checks12:30p Mahjong**3:00p Geri-Fit** | **3**9a Zumba Gold A10a Zumba Gold B1p Penny Bingo3p Medicine Shoppe Bingo | **4**10:30a Bible Study10:45a Fit for the Aging1p Pantry Bingo**3:00p Geri-Fit** |
| 7**11:30a-12:30p Lunch**Chicken Tenders, Cheesy Mashed Potatoes, Broccoli and Cauliflower, Orange**4:30-5:30p Dinner**Chicken Enchilada, Corn and Black Bean Fiesta, Applesauce | 8**11:30a-12:30p Lunch**Western Omelet, Redskin Potatoes, Broccoli and Cauliflower, Grapes**4:30-5:30p Dinner**Chicken Stew with Biscuit, Brussels Sprouts, Pear | 9**11:30a-12:30p Lunch**Chicken Stir Fry, Brown Rice, Sugar Snap Peas, Apricots**4:30-5:30p Dinner**Meatloaf, Mashed Potatoes w/ Gravy, Brussels Sprouts, **A blue sign with white text  AI-generated content may be incorrect.**StrawberriesJP Heating of Northern MI | 10**11:30a-12:30p Lunch**Beef and Broccoli, Brown Rice, Stir Fry Vegetables, Berry Blend**4:00p -6:00p** **Spring Serenade Special Dinner**Grilled Alaskan Salmon with lemon wedge, Fresh Roasted Baby Potatoes and Asparagus, Dinner Roll, & a Lemon Raspberry Cheesecake Square. | 11**11:30a-12:30p Lunch**Roast Turkey, Mashed Potatoes & Gravy, Peas & Onions, Orange |  | **7****9a-4:30p Footcare****10:30a-3:30p Blood Drive**10a Silver Sneakers1-4p Chess Club2-3p Diamond Art Club | **8****9a Housing Counseling**9a Zumba Gold A10a Zumba Gold B**11:30a Digestive Health Booth with DHD#10****12:30p Trivia with Clay Horton**12:30p Euchre**2p Tai Chi with MSU-E** | **9**10a Silver Sneakers11a Blood Pressure Checks12:30p Mahjong**3:00p Geri-Fit** | **10**9a Zumba Gold A10a Zumba Gold B1p Penny Bingo**4p-6p Spring Serenade Special Dinner** | **11**10:30a Bible Study10:45a Fit for the Aging1p Pantry Bingo**3:00p Geri-Fit** |
| 14**11:30a-12:30p Lunch**BBQ Pork Sandwich, Dill and Garlic Potatoes, Crinkle Cut Carrots, Kiwi **4:30-5:30p Dinner**Chicken Fajita, Roasted Corn and Black Bean Fiesta, Grapes | 15**11:30a-12:30p Lunch**Spaghetti and Meatballs, Broccoli, Cantaloupe & Honeydew, Breadsticks**4:30-5:30p Dinner**Beef Tips, California Blend Vegetable, Pear | 16**11:30a-12:30p Lunch**Lemon Pepper Chicken, Baked Potato, Brussels Sprouts, Orange **4:30-5:30p Dinner****A blue sign with white text  AI-generated content may be incorrect.**Lemon Baked Fish, Redskin Potatoes, Green Beans, PearJM Door | 17 MEAL DAY\***11:30a-12:30p Lunch** Baked Penne with Sausage, Vegetable Blend Prince Charles, Kiwi**4:30p-5:30p Dinner**Beef Stew, California Blend Vegetable, Apple | 18**CLOSED FOR GOOD FRIDAY** |  | **14**10a Silver Sneakers**10:30a-3:00p Secretary of State Mobile Office**1-4p Chess Club2-3p Diamond Art Club | **15**9a Zumba Gold A10a Zumba Gold B12:30p Euchre**2p Tai Chi with MSU-E****4:30p COA Board Meeting** | **16**10a Silver Sneakers**11a New to Medicare****11a Alzheimer’s Support @ the Brook**11a Blood Pressure Checks12:30p Mahjong**3:00p Geri-Fit** | **17**9a Zumba Gold A10a Zumba Gold B1p Penny Bingo**1p Legal Assistance****6:00p Pub Runners Concert** | **18****CLOSED FOR****GOOD FRIDAY** |
| 21**11:30a-12:30p Lunch**Chicken Cordon Bleu, Mashed Potatoes & Gravy, Green Beans, Pineapple**4:30-5:30p Dinner**Beef Enchilada, Spanish Rice, Carrots, Kiwi  | 22**11:30a-12:30p** Chicken and Dumplings, Harvest Blend Vegetables, Orange**4:30-5:30p Dinner**Cabbage Rolls, Redskin Potatoes, Peas & Carrots, Blueberry Yogurt  | 23**11:30a-12:30p Lunch**Hamburger Stroganoff, Green Beans, Apricots**4:30-5:30p Dinner****A blue sign with white text  AI-generated content may be incorrect.**Pork Roast, Baked Potato, Green Beans, PearJack Millikin Excavating | 24**11:30a-12:30p Lunch**Macaroni & Cheese with Ham, Harvest Blend Vegetables, Grapes**4:30-5:30p Dinner**Scrambled Eggs, Turkey Sausage, Hash Browns, Yogurt Blueberry, Wheat Toast  | 25**11:30a-12:30p Lunch**Cheese Ravioli w/Sauce, Asparagus, Italian Blend, Grapes |  | **21**10a Silver Sneakers1-4p Chess Club1p Pantry Bingo2-3p Diamond Art Club | **22**9a Zumba Gold A10a Zumba Gold B**2p Tai Chi with MSU-E**12:30p Euchre | **23**10a Silver Sneakers11a Blood Pressure Checks12:30p Mahjong**3:00p Geri-Fit****2p-4p Commodities** | **24**9a Zumba Gold A10a Zumba Gold B1p Penny Bingo | **25****10a-4:00p Caregiver Conference**10:30a Bible Study10:45a Fit for the Aging**12p-2p Drug Takeback Day****3:00p Geri-Fit** |
| 28**11:30a-12:30p Lunch**Breaded Fish Fillet, Cheesy Mashed Potatoes, Crinkle Cut Carrots, Pineapple**4:30-5:30p Dinner**Chicken Tacos, Refried Beans, Kiwi | 29**11:30a-12:30p Birthday Lunch**Sweet and Sour Meatballs, Brown Rice, Stir Fry Vegetables, Pineapple**4:30-5:30p Dinner**Stuffed Peppers, Broccoli, CauliflowerKiwi, Wheat Bread | 30**11:30a-12:30p Lunch**Pork Chop Supreme, Baked Potato, Brussels Sprouts, Kiwi**4:30-5:30p Dinner**Shepard’s Pie, Carrots, Grapes, Wheat Bread | **Reminder: Meals on Wheels will be delivered on Thursday, April 17th instead of Friday, April 18th, as the Commission on Aging will be closed in observance of Good Friday.** |  |  | **28****9a-4:30p Footcare** 10a Silver Sneakers1-4p Chess Club2-3p Diamond Art Club | **29**9a Zumba Gold A10a Zumba Gold B**11:30a Birthday Lunch**12:30p Euchre**2p Tai Chi with MSU-E** | **30**10a Silver Sneakers11a Blood Pressure Checks12:30p Mahjong**3:00p Geri-Fit** | **Pantry Bingo, originally scheduled for Friday, April 25th, has been moved to the Events Room on Monday, April 21st due to a scheduling conflict.** |  |
| **Light Bites**Southwest Side Salad, Chicken Tortilla Soup, Kiwi | **Light Bites**Turkey Sub, Minestrone Soup, Grapes | **Light Bites**Side Chef Salad, Cheesy Potato Soup, Pear | **Light Bites**Won Ton Soup, Mandarin Salad, Kiwi | **Light Bites**Ham & Cheese Sub, Cabbage and White Bean Soup, Pineapple |  |  |  |  |  |  |