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| **March 2025 - Meal Calendar** |  | **March 2025 - Activity Calendar** |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| 3**11:30a-12:30p Lunch**Chicken Drumsticks, Baked Beans, Prince Charles Vegetables, Apricots | 4**11:30a-12:30p Lunch**Sweet and Sour Meatballs, Brown Rice, Stir Fry Vegetables, Pineapple | 5**11:30a-12:30p Lunch**Pork Chop Supreme, Baked Potato, Brussels Sprouts, KiwiIn Honor of Brian McLaughlin | 6**11:30a-12:30p Lunch**Meatloaf, Mashed Potatoes/Beef Gravy, Brussels Sprouts, Strawberries | 7**11:30a-12:30p Lunch**Pot Roast, Mashed Potato/Beef Gravy, Corn, Kiwi |  | **3**10a Silver Sneakers1-4p Chess Club2-3p Diamond Art Club | **4****9a Friends of a Feather Quilting Group**9a Zumba Gold A10a Zumba Gold B12:30p Euchre2:30p-3:30p Bingocize  | **5**10a Silver Sneakers12:30p Mahjong | **6**9a Zumba Gold A10a Zumba Gold B10:30a-12:00p Bingocize1p Penny Bingo3p Medicine Shoppe Bingo**4:30p-7:00p Comedy for a Cause Meals on Wheels Fundraiser** | **7**10:30a Bible Study10:45a Fit for the Aging1p Pantry Bingo |
| 10**11:30a-12:30p Lunch**Chicken Tenders, Cheesy Mashed Potatoes, Broccoli and Cauliflower, Pineapple | 11 **11:30a-12:30p Lunch**Western Omelet, Redskin Potatoes, Broccoli and Cauliflower, Grapes | 12**11:30a-12:30p Lunch**Baked Penne with Sausage, Vegetable Blend Prince Charles, KiwiDonated by Ladies Active Friends |  13 **11:30a-12:30p Lunch**Beef and Broccoli with Brown Rice, Stir Fry Vegetables, Four Berries Blend**4-6p St. Patrick’s Day Special Dinner**Corned beef & Cabbage with Carrots, Onions, and Red Potatoes, Dinner Roll and "Pot O' Gold" cupcakes | 14**11:30a-12:30p Lunch**Roast Turkey, Mashed Potatoes with Gravy, Peas and Onions, Fresh Orange  |  | **10**10a Silver Sneakers1-4p Chess Club2-3p Diamond Art Club | **11****9a Housing Counseling**9a Zumba Gold A10a Zumba Gold B12:30p Euchre2:30p-3:30p Bingocize | **12**10a Silver Sneakers12:30p Mahjong | **13**9a Zumba Gold A10a Zumba Gold B10:30a-12:00p Bingocize1p Penny Bingo**1p Kidney Health Presentation with DHD#10****4p-6p St. Patrick’s Day Special Dinner** | **14**10:30a Bible Study10:45a Fit for the Aging1p Pantry Bingo**1p Trivia with Clay Horton** |
| 17**11:30a-12:30p Lunch**BBQ Pork Sandwich, Dill and Garlic Potatoes, Crinkle Cut Sliced Carrots, Kiwi | **18****11:30a-12:30p Lunch**Balsamic Chicken, Tomato Parmesan Pasta, Italian Blend Vegetable, Orange | **19****11:30a-12:30p Lunch**Chicken Stir Fry, Brown Rice, Sugar Snap Peas, Apricots | 20**11:30a-12:30p Lunch**Lasagna, Mixed Vegetables, Grapes | 21**11:30a-12:30p Lunch**Pepper Steak, Brown Rice, Stir Fry Vegetable, Sugar Snap Peas, Kiwi |  | **17**10a Silver Sneakers1-4p Chess Club2-3p Diamond Art Club | **18**9a Zumba Gold A10a Zumba Gold B12:30p Euchre**4:30p COA Board Meeting** | **19**10a Silver Sneakers**11a New to Medicare****11a Alzheimer’s Support @ the Brook**12:30p Mahjong | **20**9a Zumba Gold A10a Zumba Gold B1p Penny Bingo**1p Legal Assistance** | **21**10:30a Bible Study10:45a Fit for the Aging1p Pantry Bingo |
| 24**11:30a-12:30p Lunch**Chicken Cordon Bleu, Mashed Potatoes with Gravy, Green Beans, Pineapple Chunks | 25**11:30a-12:30p Birthday Lunch**BBQ Chicken, Fried Cabbage with Bacon, Baked Beans, Grapes, with Cupcakes for dessert | 26**11:30a-12:30p Lunch**Lemon Pepper Chicken, Baked Potato, Brussels Sprouts, Fresh Orange  | 27**11:30a-12:30p Lunch**Spaghetti and Meatballs, Broccoli, Cantaloupe and Honeydew, Breadstick | 28**11:30a-12:30p Lunch**Sloppy Joe on Bun, Green Beans, Carrots, Burst O’ Berries |  | **24**10a Silver Sneakers1-4p Chess Club2-3p Diamond Art Club**1p Pantry Bingo** | **25**9a Zumba Gold A10a Zumba Gold B**11:30a Birthday Lunch****12:30p Jeopardy**12:30p Euchre | **26**10a Silver Sneakers12:30p Mahjong**2p-4p Commodities** | **27**9a Zumba Gold A10a Zumba Gold B1p Penny Bingo | **28**10a Walking Group at Kirtland10:30a Bible Study10:45a Fit for the Aging**2p-4p Snyder’s Send-Off Social** |
| 31**11:30a-12:30p Lunch**Breaded Fish Filet, Cheesy Mashed Potatoes, Crinkle Cut Carrots, Pineapple Slices |  |  |  |  |  | **31**10a Silver Sneakers1-4p Chess Club |  |  |  |  |
| **Light Bites**Southwest Side Salad, Chicken Tortilla Soup, Kiwi | **Light Bites**Turkey Sub, Minestrone Soup, Grapes | **Light Bites**Side Chef Salad, Cheesy Potato Soup, Pear | **Light Bites**Won Ton Soup, Mandarin Salad, Kiwi | **Light Bites**Ham & Cheese Sub, Cabbage and White Bean Soup, Pineapple |  |  |  |  |  |  |